

COLLECT

Almighty God,
whose Son Jesus Christ fasted forty
days in the wilderness,
and was tempted as we are, yet
without sin:
give us grace to discipline ourselves
in obedience to your Spirit;
and, as you know our weakness,
so may we know your power to save;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

FIRST READING

Deuteronomy 26:1-11

A reading from the book of Deuteronomy.

Moses spoke to the people, saying:
When you have come into the land
that the LORD your God is giving
you as an inheritance to possess, and
you possess it, and settle in it, you
shall take some of the first of all the
fruit of the ground, which you harvest
from the land that the LORD your
God is giving you, and you shall put
it in a basket and go to the place that
the LORD your God will choose as a
dwelling for his name. You shall go to
the priest who is in office at that time,
and say to him, "Today I declare to
the LORD your God that I have come
into the land that the LORD swore to
our ancestors to give us." When the
priest takes the basket from your hand
and sets it down before the altar of
the LORD your God, you shall make
this response before the LORD your
God: "A wandering Aramean was my
ancestor; he went down into Egypt
and lived there as an alien, few in
number, and there he became a great
nation, mighty and populous. When
the Egyptians treated us harshly and
afflicted us, by imposing hard labour
on us, we cried to the LORD, the God
of our ancestors; the LORD heard
our voice and saw our affliction, our
toil, and our oppression. The LORD
brought us out of Egypt with a mighty
hand and an outstretched arm, with a
terrifying display of power, and with
signs and wonders; and he brought us
into this place and gave us this land, a
land flowing with milk and honey. So
now I bring the first of the fruit of the
ground that you, O LORD, have given
me." You shall set it down before
the LORD your God and bow down
before the LORD your God. Then

you, together with the Levites and the
aliens who reside among you, shall
celebrate with all the bounty that the
LORD your God has given to you and
to your house.

PSALM Psalm 91:1-2. 9-end

R *Be with me, O Lord, in trouble.*

or

R *You, O Lord, are my refuge
[my God in whom I put my trust].*

He who dwells in the shelter of the
Most High,
abides under the shadow of the
Almighty.
He shall say to the Lord,
"You are my refuge and my stronghold,
my God in whom I put my trust." **R**

Because you have made the Lord your
refuge,
and the Most High your habitation,
There shall no evil happen to you,
neither shall any plague come near
your dwelling. **R**

For he shall give his angels charge
over you,
to keep you in all your ways.
They shall bear you in their hands,
lest you dash your foot against
a stone. **R**

You shall tread upon the lion and adder;
you shall trample the young lion and
the serpent
under your feet.

Because he is bound to me in love,
therefore will I deliver him;
I will protect him, because he knows
my name. **R**

He shall call upon me and I will
answer him;
I am with him in trouble,
I will rescue him and bring him to
honour.

With long life will I satisfy him,
and show him my salvation. **R**

SECOND READING

Romans 10:8b-13

A reading from the letter of Paul to the Romans.

What does scripture say? "The word
is near you, on your lips and in your
heart" (that is, the word of faith that
we proclaim); because if you confess
with your lips that Jesus is Lord and
believe in your heart that God raised
him from the dead, you will be saved.
For one believes with the heart and so

is justified, and one confesses with the
mouth and so is saved. The scripture
says, "No one who believes in him
will be put to shame." For there is no
distinction between Jew and Greek;
the same Lord is Lord of all and is
generous to all who call on him. For,
"Everyone who calls on the name of
the Lord shall be saved."

GOSPEL Luke 4:1-13

Hear the gospel of our Lord Jesus Christ according to Luke.

Jesus, full of the Holy Spirit, returned
from the Jordan and was led by the
Spirit in the wilderness, where for forty
days he was tempted by the devil. He
ate nothing at all during those days,
and when they were over, he was
famished. The devil said to him, "If
you are the Son of God, command
this stone to become a loaf of bread."
Jesus answered him, "It is written,
'One does not live by bread alone.'"
Then the devil led him up and showed
him in an instant all the kingdoms of
the world. And the devil said to him,
"To you I will give their glory and all
this authority; for it has been given
over to me, and I give it to anyone I
please. If you, then, will worship me,
it will all be yours." Jesus answered
him, "It is written, 'Worship the Lord
your God, and serve only him.'"
Then the devil took him to Jerusalem, and
placed him on the pinnacle of the
temple, saying to him, "If you are the
Son of God, throw yourself down from
here, for it is written, 'He will command
his angels concerning you, to protect
you,' and 'On their hands they will bear
you up, so that you will not dash your
foot against a stone.'" Jesus answered
him, "It is said, 'Do not put the Lord
your God to the test.'" When the devil
had finished every test, he departed
from him until an opportune time.

POST COMMUNION

Lord God,
you have renewed us with the living
bread from heaven;
by it you nourish our faith,
increase our hope,
and strengthen our love:
teach us always to hunger for him
who is the true and living bread,
and enable us to live by every word
that proceeds from out of your mouth;
through Jesus Christ our Lord.