

### COLLECT

Almighty God,  
whose Son Jesus Christ fasted forty  
days in the wilderness,  
and was tempted as we are, yet  
without sin:  
give us grace to discipline ourselves  
in obedience to your Spirit;  
and, as you know our weakness,  
so may we know your power to save;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

### FIRST READING

#### Deuteronomy 26:1-11

*A reading from the book of Deuteronomy.*

Moses spoke to the people, saying:  
When you have come into the land  
that the LORD your God is giving  
you as an inheritance to possess, and  
you possess it, and settle in it, you  
shall take some of the first of all the  
fruit of the ground, which you harvest  
from the land that the LORD your  
God is giving you, and you shall put  
it in a basket and go to the place that  
the LORD your God will choose as a  
dwelling for his name. You shall go to  
the priest who is in office at that time,  
and say to him, "Today I declare to  
the LORD your God that I have come  
into the land that the LORD swore to  
our ancestors to give us." When the  
priest takes the basket from your hand  
and sets it down before the altar of  
the LORD your God, you shall make  
this response before the LORD your  
God: "A wandering Aramean was my  
ancestor; he went down into Egypt  
and lived there as an alien, few in  
number, and there he became a great  
nation, mighty and populous. When  
the Egyptians treated us harshly and  
afflicted us, by imposing hard labour  
on us, we cried to the LORD, the God  
of our ancestors; the LORD heard  
our voice and saw our affliction, our  
toil, and our oppression. The LORD  
brought us out of Egypt with a mighty  
hand and an outstretched arm, with a  
terrifying display of power, and with  
signs and wonders; and he brought us  
into this place and gave us this land, a  
land flowing with milk and honey. So  
now I bring the first of the fruit of the  
ground that you, O LORD, have given  
me." You shall set it down before  
the LORD your God and bow down  
before the LORD your God. Then

you, together with the Levites and the  
aliens who reside among you, shall  
celebrate with all the bounty that the  
LORD your God has given to you and  
to your house.

### PSALM Psalm 91:1-2. 9-end

**R** *Be with me, O Lord, in trouble.*

**Or**

**R** *You, O Lord, are my refuge  
[my God in whom I put my trust].*

He who dwells in the shelter of the  
Most High,  
abides under the shadow of the  
Almighty.  
He shall say to the Lord,  
"You are my refuge and my stronghold,  
my God in whom I put my trust." **R**

Because you have made the Lord your  
refuge,  
and the Most High your habitation,  
There shall no evil happen to you,  
neither shall any plague come near  
your dwelling. **R**

For he shall give his angels charge  
over you,  
to keep you in all your ways.  
They shall bear you in their hands,  
lest you dash your foot against  
a stone. **R**

You shall tread upon the lion and adder;  
you shall trample the young lion and  
the serpent  
under your feet.

Because he is bound to me in love,  
therefore will I deliver him;  
I will protect him, because he knows  
my name. **R**

He shall call upon me and I will  
answer him;  
I am with him in trouble,  
I will rescue him and bring him to  
honour.

With long life will I satisfy him,  
and show him my salvation. **R**

### SECOND READING

#### Romans 10:8b-13

*A reading from the letter of Paul to the Romans.*

What does scripture say? "The word  
is near you, on your lips and in your  
heart" (that is, the word of faith that  
we proclaim); because if you confess  
with your lips that Jesus is Lord and  
believe in your heart that God raised  
him from the dead, you will be saved.  
For one believes with the heart and

so is justified, and one confesses  
with the mouth and so is saved. The  
scripture says, "No one who believes  
in him will be put to shame." For  
there is no distinction between Jew  
and Greek; the same Lord is Lord of  
all and is generous to all who call on  
him. For, "Everyone who calls on the  
name of the Lord shall be saved."

### GOSPEL Luke 4:1-13

*Hear the gospel of our Lord Jesus Christ according to Luke.*

Jesus, full of the Holy Spirit, returned  
from the Jordan and was led by the  
Spirit in the wilderness, where for forty  
days he was tempted by the devil.  
He ate nothing at all during those  
days, and when they were over, he  
was famished. The devil said to him,  
"If you are the Son of God, command  
this stone to become a loaf of bread."  
Jesus answered him, "It is written,  
'One does not live by bread alone.'"  
Then the devil led him up and showed  
him in an instant all the kingdoms of  
the world. And the devil said to him,  
"To you I will give their glory and all  
this authority; for it has been given  
over to me, and I give it to anyone I  
please. If you, then, will worship me,  
it will all be yours." Jesus answered  
him, "It is written, 'Worship the Lord  
your God, and serve only him.'" Then  
the devil took him to Jerusalem, and  
placed him on the pinnacle of the  
temple, saying to him, "If you are  
the Son of God, throw yourself down  
from here, for it is written, 'He will  
command his angels concerning you,  
to protect you,' and 'On their hands  
they will bear you up, so that you will  
not dash your foot against a stone.'"  
Jesus answered him, "It is said, 'Do  
not put the Lord your God to the  
test.'" When the devil had finished  
every test, he departed from him until  
an opportune time.

### POST COMMUNION

Lord God,  
you have renewed us with the living  
bread from heaven;  
by it you nourish our faith,  
increase our hope,  
and strengthen our love:  
teach us always to hunger for him  
who is the true and living bread,  
and enable us to live by every word  
that proceeds from out of your mouth;  
through Jesus Christ our Lord.